

## Health Management Clinical Practice Guidelines

Condition	Evidence	Reference	URL
<b>Asthma</b>	Global Strategy for Asthma Management and Prevention (GINA Reports)	Global Initiative for Asthma (2018)	<p>Full report:  <a href="https://ginasthma.org/wp-content/uploads/2018/04/wms-GINA-2018-report-V1.3-002.pdf">https://ginasthma.org/wp-content/uploads/2018/04/wms-GINA-2018-report-V1.3-002.pdf</a></p> <p>2018 Appendix to GINA report:  <a href="https://ginasthma.org/wp-content/uploads/2018/03/WMS-FINAL-GINA-2018-Appendix_v1.3.pdf">https://ginasthma.org/wp-content/uploads/2018/03/WMS-FINAL-GINA-2018-Appendix_v1.3.pdf</a></p> <p>Pocket guide:  <a href="https://ginasthma.org/wp-content/uploads/2018/03/wms-GINA-main-pocket-guide_2018-v1.0.pdf">https://ginasthma.org/wp-content/uploads/2018/03/wms-GINA-main-pocket-guide_2018-v1.0.pdf</a></p>
		Diagnosis and Management of Difficult-to-treat and Severe Asthma in Adolescent and Adult Patients (2018)	<a href="https://ginasthma.org/wp-content/uploads/2018/11/GINA-SA-FINAL-wms.pdf">https://ginasthma.org/wp-content/uploads/2018/11/GINA-SA-FINAL-wms.pdf</a>
<b>Chronic Obstructive Pulmonary Disease</b>	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (GOLD Reports)	Global Strategy for Diagnosis, Management, and Prevention of COPD	<p>Full guideline:  <a href="https://goldcopd.org/wp-content/uploads/2018/11/GOLD-2019-v1.7-FINAL-14Nov2018-WMS.pdf">https://goldcopd.org/wp-content/uploads/2018/11/GOLD-2019-v1.7-FINAL-14Nov2018-WMS.pdf</a></p> <p>Pocket guide:  <a href="https://goldcopd.org/wp-content/uploads/2018/11/GOLD-2019-POCKET-GUIDE-DRAFT-v1.7-14Nov2018-WMS.pdf">https://goldcopd.org/wp-content/uploads/2018/11/GOLD-2019-POCKET-GUIDE-DRAFT-v1.7-14Nov2018-WMS.pdf</a></p>
<b>Heart Disease</b>	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults	<i>Hypertension</i> , 71:e13 -e115 (2018)	<a href="https://www.ahajournals.org/doi/pdf/10.1161/HYP.0000000000000065">https://www.ahajournals.org/doi/pdf/10.1161/HYP.0000000000000065</a>
	Management of Non-ST Elevation Acute Coronary Syndrome: A Guideline from the AHA and ACC	<i>Am. Fam. Physician.</i> , 92(2): 151 – 153 (2015)	<a href="http://www.aafp.org/afp/2015/0715/p151.html">http://www.aafp.org/afp/2015/0715/p151.html</a>
	ACC/AHA Release Updated Guideline on the Treatment of Blood Cholesterol to Reduce ASCVD Risk	<i>Am. Fam. Physician.</i> , 15; 90(4):260 – 265 (2014)	<a href="https://www.aafp.org/afp/2014/0815/p260.html">https://www.aafp.org/afp/2014/0815/p260.html</a>
	Cardiac Rehabilitation: Improving Function and Reducing Risk	<i>Am. Fam. Physician.</i> , 1; 94(1):37 – 43 (2016)	<a href="https://www.aafp.org/afp/2016/0701/p37.html">https://www.aafp.org/afp/2016/0701/p37.html</a>
	The Care of Children with Congenital Heart Disease in Their Primary Medical Home	<i>Pediatrics</i> , Nov 2017, 140 (5) e20172607 (2017)	<a href="http://pediatrics.aappublications.org/content/140/5/e20172607">http://pediatrics.aappublications.org/content/140/5/e20172607</a>
	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents	<i>Pediatrics</i> , Sep 2017, 140 (3) e20171904 (2017)	<a href="http://pediatrics.aappublications.org/content/140/3/e20171904">http://pediatrics.aappublications.org/content/140/3/e20171904</a>

\* These guidelines are not a statement of benefits. Benefits may vary, and individual coverage, including the terms, limitations, and exclusions, will need to be verified by the plan. For coverage information, please direct members to contact Customer Service at 1-800-275-2583 (TTY: 711). To order a printed copy of the Clinical Practice Guidelines, please submit an online form at [https://ecom.amerithealth.com/ah/htdocs/email\\_forms/providers/provider\\_supply\\_line.html](https://ecom.amerithealth.com/ah/htdocs/email_forms/providers/provider_supply_line.html).

## Health Management Clinical Practice Guidelines

Condition	Evidence	Reference	URL
Diabetes	American Diabetes Association Standards of Medical Care in Diabetes — 2019	<i>Diabetes Care</i> , 42; Supplement 1 (2019)	<a href="http://care.diabetesjournals.org/content/42/Supplement_1">http://care.diabetesjournals.org/content/42/Supplement_1</a>
	Hemoglobin A1c Targets for Glycemic Control With Pharmacologic Therapy for Nonpregnant Adults With Type 2 Diabetes Mellitus: A Guidance Statement Update From the American College of Physicians	<i>Ann. Intern. Med.</i> , 168(8):569 – 576 (2018)	<a href="https://annals.org/aim/fullarticle/2674121/hemoglobin-1c-targets-glycemic-control-pharmacologic-therapy-nonpregnant-adults-type">https://annals.org/aim/fullarticle/2674121/hemoglobin-1c-targets-glycemic-control-pharmacologic-therapy-nonpregnant-adults-type</a>
	Oral Pharmacologic Treatment of Type 2 Diabetes Mellitus: A Clinical Practice Guideline Update From the American College of Physicians	<i>Ann. Intern. Med.</i> , 166(4):279 – 290 (2017)	<a href="http://annals.org/aim/article/2595888/oral-pharmacologic-treatment-type-2-diabetes-mellitus-clinical-practice-guideline">http://annals.org/aim/article/2595888/oral-pharmacologic-treatment-type-2-diabetes-mellitus-clinical-practice-guideline</a>
Obesity	Update on Office-Based Strategies for the Management of Obesity	<i>Am. Fam. Physician</i> , 94(5):361 – 368 (2016)	<a href="http://www.aafp.org/afp/2016/0901/p361.html">http://www.aafp.org/afp/2016/0901/p361.html</a>
	The Role of the Pediatrician in Primary Prevention of Obesity	<i>Pediatrics</i> , 136:e275 – e292 (2015)	<a href="http://pediatrics.aappublications.org/content/136/1/e275.full.pdf+html">http://pediatrics.aappublications.org/content/136/1/e275.full.pdf+html</a>
	Algorithm for the Assessment and Management of Childhood Obesity in Patients 2 Years and Older	AAP (American Academy of Pediatrics) Institute for Healthy Childhood Weight (2015)	<a href="https://ihcw.aap.org/Documents/Assessment%20%20and%20Management%20of%20Childhood%20Obesity%20Algorithm_FINAL.pdf">https://ihcw.aap.org/Documents/Assessment%20%20and%20Management%20of%20Childhood%20Obesity%20Algorithm_FINAL.pdf</a>

## Behavioral Health Clinical Practice Guidelines (CPG)

AmeriHealth adopts Magellan Health Services (MHS) Clinical Practice Guidelines for Behavioral Health including but not limited to the following conditions: Autism Spectrum Disorder, ADHD, Depression, and Substance Use Disorder.

MHS guidelines can be accessed via

[www.magellanprovider.com/MHS/MGL/providing\\_care/clinical\\_guidelines/clin\\_prac\\_guidelines/index.asp](http://www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp).

\* These guidelines are not a statement of benefits. Benefits may vary, and individual coverage, including the terms, limitations, and exclusions, will need to be verified by the plan. For coverage information, please direct members to contact Customer Service at 1-800-275-2583 (TTY: 711). To order a printed copy of the Clinical Practice Guidelines, please submit an online form at [https://ecom.amerithealth.com/ah/htdocs/email\\_forms/providers/provider\\_supply\\_line.html](https://ecom.amerithealth.com/ah/htdocs/email_forms/providers/provider_supply_line.html).

Please be advised that once you access websites not maintained by AmeriHealth, the websites are maintained by organizations that AmeriHealth does not control. The websites are to be used as a reference for informational purposes only. AmeriHealth is not responsible for the content or for validating the content, nor is it responsible for any changes or updates made. Once you link to a website not maintained by AmeriHealth, you are subject to the terms and conditions of that website, including, but not limited to, its privacy policy. This information has been provided for general educational purposes for professional medical personnel only. It is not intended to be relied upon for treatment of an individual patient without a physician's independent professional review. It is not to be used to determine the terms, limitations, and exclusions of a member's coverage.