

2018 – 2019 Clinical Practice Guidelines Summary*

Health Management Clinical Practice Guidelines

Condition	Evidence	Reference	URL
Asthma	Global Strategy for Asthma Management and Prevention (GINA Reports)	Global Initiative for Asthma (2018)	Full report: http://ginasthma.org/2018-gina-report-global-strategy-for-asthma-management-and-prevention/ 2018 Appendix to GINA report: http://ginasthma.org/2017-online-appendix-global-strategy-for-asthma-management-and-prevention/ Pocket guide: http://ginasthma.org/2018-pocket-guide-for-asthma-management-and-prevention/
		Asthma, COPD, and Asthma-COPD Overlap Syndrome (ACOS)(2017)	http://ginasthma.org <i>NOTE: Select the GINA Reports tab for access to the article.</i>
Chronic Obstructive Pulmonary Disease	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (GOLD Reports)	Global Strategy for Diagnosis, Management, and Prevention of COPD-Full Guidelines (2017)	http://goldcopd.org/wp-content/uploads/2017/11/GOLD-2018-v6.0-FINAL-revised-20-Nov_WMS.pdf
		Global Strategy for Diagnosis, Management, and Prevention of COPD-Pocket Guidelines (2018)	http://goldcopd.org/wp-content/uploads/2018/02/WMS-GOLD-2018-Feb-Final-to-print-v2.pdf
Heart Disease	AHA/ACC/ASH Release Guideline on the Treatment of Hypertension and CAD	<i>Am Fam Physician</i> ; 92(11): 1023-1030 (2015)	http://www.aafp.org/afp/2015/1201/p1023.html
	Management of Non–ST Elevation Acute Coronary Syndrome: A Guideline from the AHA and ACC	<i>Am Fam Physician</i> ; 92(2): 151-153 (2015)	http://www.aafp.org/afp/2015/0715/p151.html
	ACC/AHA Release Updated Guideline on the Treatment of Blood Cholesterol to Reduce ASCVD Risk	<i>Am Fam Physician</i> ; 2014 Aug 15; 90(4):260-265	http://www.aafp.org/afp/2014/0815/p260.html
	Cardiac Rehabilitation: Improving Function and Reducing Risk.	<i>Am Fam Physician</i> ; 2016 Jul 1; 94(1):37-43	http://www.aafp.org/afp/2016/0701/p37.html
	The Care of Children with Congenital Heart Disease in Their Primary Medical Home	<i>Pediatrics</i> ; 140; (2017)	http://pediatrics.aapublications.org/content/140/5/e20172607

* These guidelines are not a statement of benefits. Benefits may vary, and individual coverage, including the terms, limitations, and exclusions, will need to be verified by the plan. For coverage information, please direct patients to contact Customer Service at 1-800-275-2583 (TTY: 711). To order a printed copy of the Clinical Practice Guidelines, call the Provider Supply Line at 1-800-858-4728.

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Diabetes	American Diabetes Association Standards of Medical Care in Diabetes — 2018	<i>Diabetes Care</i> ; 41: Supplement 1 (2018)	http://care.diabetesjournals.org/content/41/Supplement_1
	Oral Pharmacologic Treatment of Type 2 Diabetes Mellitus: A Clinical Practice Guideline Update From the American College of Physicians	<i>Ann Intern Med.</i> ; 166(4): 279-290 (2017)	http://annals.org/aim/article/2595888/oral-pharmacologic-treatment-type-2-diabetes-mellitus-clinical-practice-guideline
Obesity	Update on Office-Based Strategies for the Management of Obesity	<i>Am Fam Physician</i> ; 94(5): 361-368 (2016)	http://www.aafp.org/afp/2016/0901/p361.html
	The Role of the Pediatrician in Primary Prevention of Obesity	<i>Pediatrics</i> ; 136:e275 -e292 (2015)	http://pediatrics.aappublications.org/content/136/1/e275.full.pdf+html
	Algorithm for the Assessment and Management of Childhood Obesity in Patients 2 Years and Older	AAP (American Academy of Pediatrics) Institute for Healthy Childhood Weight (2015)	http://ihcw.aap.org/Documents/Assessment%20%20and%20Management%20of%20Childhood%20Obesity%20Algorithm_FINAL.pdf
Autism Spectrum Disorders	Management of Children with Autism Spectrum Disorders	American Academy of Pediatrics (2007), reaffirmed 2014	www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp
	Identification and Evaluation of Children With Autism Spectrum Disorders	American Academy of Pediatrics (2007), reaffirmed 2014	
Depression	Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition	American Psychiatric Association (2010)	www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp
Substance Use Disorders	Practice Guideline for the Treatment of Patients With Substance Use Disorders, Second Edition	American Psychiatric Association (2006)	www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp
	The American Psychiatric Association (APA) Treating Substance Use Disorders: A Quick Reference Guide (2006), and Guideline Watch (April 2007): Practice Guideline for the Treatment of Patients With Substance Use Disorders, 2nd Edition	American Psychiatric Association	

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